

Timothy Michael Quinn, M.D.

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Dr. Quinn is Medical Director of Quinn Healthcare, PLLC. As a family physician who is also board-certified in weight loss, he thoroughly understands the human condition and utilizes effective communication, teaching, and interpersonal skills to empower patients to make significant lifestyle changes to improve their health. During the past two years, Dr. Quinn has worked with the Mississippi State Department of Health on several grants including Pre-Diabetes and Chronic Disease Quality Initiatives. He is a member of the City of Jackson Medical Task Force, as well as a collaborating physician for Cigna Health Springs. He also worked with his team to develop and co-chair the MS Obesity Society to raise awareness and provide opportunities to Mississippians to achieve better health outcomes. Dr. Quinn is a trusted medical news commentator for local and national news with weekly segments on local news. He is the published author of Dr. Quinn’s Blueprint. He believes that positive lifestyle changes implemented, as an adjunct to traditional health care, help an individual achieve a high level of overall health. He has dedicated his life to informing the community of attaining a healthier well-being.

I. EDUCATION AND CREDENTIALS

A. EDUCATION

M.D. Meharry Medical College, Nashville, TN	1995 – 1999
B.S. Belhaven University, Jackson, MS	1992 – 1995

B. MEDICAL LICENSURE AND CERTIFICATION

State of Mississippi	2003 – Present
State of California	2002 – 2003

II. CLINICAL HISTORY

A. PROFESSIONAL EXPERIENCE

Medical Director, Quinn Healthcare, PLLC, Jackson, MS	2003 – Present
Staff Physician, Merit Health Central, Jackson, MS	2003 – Present
Staff Physician, St. Dominic Medical Center, Jackson, MS	2003 – Present
Staff Physician, Merit Health River Oaks, Flowood, MS	2003 – Present

B. FELLOWSHIPS/RESIDENCIES

Resident Physician, Martin L. King Drew Medical Center Los Angeles, CA	2000 – 2003
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III. AFFILIATIONS

Obesity Medicine Association, Member	2022 – Present
American Academy of Family Medicine, Member	2000 – Present
Mississippi State Medical Association, Member	2003 – Present
Ridgeland, Mississippi, Healthy Hometown Committee, Member	2018 – Present
Alpha Phi Alpha Fraternity, Inc., Member	1993 – Present

IV. APPOINTMENTS IN MEDICINE, EDUCATION, AND SOCIETIES

Executive Director, Mayor Lumumba’s Task Force for a Healthier Jackson, Jackson, MS	2017 – Present
Medical Consultant, Health Tips, WRBJ 97.7 FM, Hallelujah 95.5 FM, WMPR 90.1 FM Radio Stations, Jackson, MS	2016 – Present
Executive Director, Mayor Yarber’s Task Force for a Healthier Jackson, Jackson, MS	2014 – 2017
Contributing Medical Expert: WLBT, WAPT, WJTV, and FOX TV Stations, Jackson, MS	2003 – Present
Medical Consultant, Health Tips, WJMI 99.7 FM and WKXI 107.5 FM Radio Stations, Jackson, MS	2003 – 2016
Adjunct Professor, Belhaven University, Millsaps College, Jackson State University, Hinds Community College, Jackson, MS	2000

V. PUBLICATIONS

Quinn, Timothy M., Dr. Quinn’s Blueprint. Pennsauken, NJ, BookBaby, 2019.	2019
Medical Correspondent, The Clarion Ledger Newspaper, Jackson, MS	2005 – 2012
Medical Correspondent, The Jackson Free Press Newspaper, Jackson, MS	2012 – Present
Medical Correspondent, Jackson Advocate Newspaper, Jackson, MS	2018 – Present

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VI. HONORS AND SPECIAL AWARDS

Best Doctor of the Year, Business Empowered Mississippi, The Best of Mississippi Award	2020
Best Overall Doctor, The Jackson Free Press Newspaper, Jackson, MS	2019
Award Recipient – Top Entrepreneur, MS Business Journal	2019
Award Recipient – Mississippi State Medical Association (MSMA) Excellence in Wellness Promotion	2018
Developed and currently leading the Children’s Health Initiative, partnering with MS State Medical Association, MS Academy of Pediatrics, and the MS Academy of Family Medicine, to raise awareness of the importance of childhood physicals; obtained a concurrent Resolution 532 from MS State Senate and MS House of Representatives; MS House of Representatives Resolution HCR15, “Take Your Child for a Medical Check-Up Month in Mississippi” and a Proclamation by Governor Phil Bryant.	2018 - present
Best Overall Doctor, The Jackson Free Press Newspaper, Jackson, MS	2013 - 2016
McComb High School Hall of Fame Recipient, McComb, MS	2013
Top 40 Under 40, Mississippi Business Journal Magazine, Jackson, MS	2012
Featured Expert Physician, Black Entertainment Television (BET) Network, “Heart of the City: Dying To Eat in Jackson”	2009

VII. MILITARY SERVICE

Captain, United States Army Reserve	2001
First Lieutenant, United States National Guard	1998
Private First Class, United States National Guard	1991